

Exchange Mailbox Statistics

Get size, date or `FolderId` for folders in an Exchange Mailbox.

```
Get-MailboxFolderStatistics -Identity <mailbox-identity>
```

To see folders outside of the [IPM Subtree](#), add the `-FolderScope` flag.

```
-FolderScope NonIPMRoot
```

Export Results to a CSV

```
Get-MailboxFolderStatistics -Identity <mailbox-identity> | Export-Csv <path-to-csv>
```

To make the information easier to read, pipe to the `Format-Table` command and specify which columns to view.

```
ft Name,FolderPath,LastModifiedTime,FolderType,FolderSize
```

According to the [Microsoft Documentation](#), the User folders count toward the storage quota.

The group mailbox is distributed in various `TargetQuota`, namely System, Recoverable and User. The folders matching `TargetQuota` "User" is the only one considered in the calculation of the group quota.

To check the size of only User folders, pipe to the `where` command.

```
where { $_.TargetQuota -like 'User' }
```

To check the size of a specific folder, pipe to the `where` command.

```
where { $_.FolderPath -like '/Inbox' }
```

[Microsoft Documentation - Get-MailboxFolderStatistics](#)

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